

Reflections & Celebration

(Please use as much space as you need to complete this form.)

Name: _____

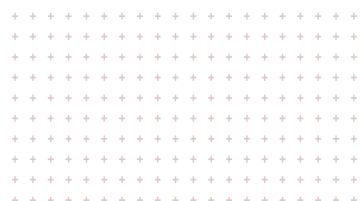
Date: _____

Reflecting

When we started, what did you most want to get from coaching?

Where are you now in relation to that focus?

What discoveries have been most important?



What wins are you celebrating?

What moved you forward?

Looking forward

How will you use what you've discovered as you move towards your next step?

What else?

What else would you like to say about your coaching experience or what you've learned?

What feedback do you have for me as a coach?

